

Clinical Updates on Working with Autistic Populations Transitional (to Adulthood) Services for the Autistic Patient

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Experience

- 30 years
- Inpatient/ outpatient
- 4 countries



Guidelines

- Start Early
 - Self-Advocacy
 - Person-Centered
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Independent Living Skills

- Chores
- Money skills
- Self-care



Planning for Transition

- IEP
- Transition Meeting



Legal Matters

- Guardianship
- Power of Attorney
- Special Needs Trust



Community Living

- Safety
- Travel training
- Abuse
 - Victim or perpetrator



Post Secondary

- Training
- Education



Housing

- Supported living
- Supervised living
- Group home
- Teaching/ foster family home
- Farmstead communities
- Developmental centers

Employment

- Competitive
 - Full-time or part-time
 - Supported
 - Customized
 - Self-employment
 - Sheltered-employment
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Health

- Finding the right professionals
 - Mental health
 - Personal hygiene
 - Puberty
 - Sexuality
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The Reality

- Patients
 - Parents/ families
 - Schools
 - Inclusion/ mainstreaming
 - Specialized vs. non-specialized
 - Society
 - USA resources
 - Stigma & awareness
 - Work
 - Predictors of independence
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Assessment

- Biopsychosocial
 - Family, school, workplace, social
 - Sources of information
 - Diagnosis
 - Comorbidity
 - ADHD, Anxiety, Depression,
Bipolar, OCD, Tics, PTSD,
Psychosis
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Psychological Treatments

- Behavioral
 - CBT
 - Insight Oriented
 - Crisis Intervention
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Biological Treatments

- Stimulants
 - SSRI's
 - Mood Stabilizers
 - Aggression or self injury
 - ECT
 - TMS
 - Ketamine
 - Cannabinoids
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Kishorit “Connect” Video



Conclusion

- Survival of the fittest
 - Youth in the USA
 - Gun violence
 - Window into the human mind & soul
 - Measure of society
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