Using the sequential intercept model to address disparities that lead to incarceration

A Continuing Medical Education Presentation

From the Maryland Psychiatric Society

Welcome

- This CME session grew from a series of discussions in the Community Psychiatry & Diversity Coalition about challenges impacting the people we are privileged to serve in our communities in Maryland.

- Many thanks to the Coalition, particularly Dr. Tyler Hightower for moving this undertaking forward and as always to to Heidi Bunes and Meagan Floyd of the Maryland Psychiatric Society.

- We very much appreciate funding from the Maryland Foundation for Psychiatry, which makes it possible to offer this CME free to members.

- Thanks to each of you for your attendance.

This evening's speakers

Dr. Tyler Hightower M.D.,M.P.H., DFAPA

SEQUENTIAL INTERCEPT MODEL: AN OVERVIEW

Dr. Annette Hanson, M.D.,DFAPA

PSYCHIATRIC EVALUATION AND TREATMENT WITHIN THE JUSTICE SYSTEM

Honorable Marina Sabett, J.D.

ADVOCATING WITH JUDGES: ACCESS TO TREATMENT, NOT JAIL

Ann Hackman M.D.,DFAPA

IMPACT OF JAIL / PRISON STAY ON THE PATIENT POPULATION

Criminal justice system and disparities

- Overrepresentation of people with mental health diagnoses in the criminal justice system (https://www.prisonpolicy.org)
  - 43% of people in state prisons have been diagnosed with a mental disorder health
  - One in four people in local jails are experiencing serious psychological distress
  - 27% of people jailed 3 times within a year report a moderate or serious mental illness

- Horrendous racial disparities in the criminal justice system
  - As described by Michelle Alexander in <u>The New Jim Crow</u> the war on drugs and the justice system have been used as a system of control disproportionately impacting Black and Brown people
  - Nationally Black Americans are incarcerated in state prisons at rates almost 5 times higher than white Americans   https://www.sentencingproject.org/

Criminal Justice and the Behavioral Health Crisis System

- It is typically easier to access police than it is to access behavioral health crisis services

- There federally and locally funded efforts to change improve behavioral health access including 988.

- There are places in the nation which are setting new standards including Maricopa County Arizona with services including
  - Crisis hotline
  - Mobile response teams
  - Crisis Hub
  - Rapid follow-up

Ideal behavioral health crisis initiatives

- Crisis Now is led by the National Association of State Mental Health Program Directors and provides assistance around creating behavioral health crisis programming (crisisnow.org)

- <u>Roadmap to the Ideal Crisis System</u> publication of National Council for Mental Wellbeing (product Group for the Advancement of Psychiatry committee on Psychiatry and the Community) facilitates users evaluating and improving crisis systems (https://www.thenationalcouncil.org/resources/roadmap-to-the-ideal-crisis-system/)

- Local efforts include GBRICS (Greater Baltimore Regional Integrated Crisis Response Services) including Baltimore City and several surrounding counties in expanding capacity of mobile crisis teams and community based providers