

Southern Psychiatric Association (SPA)
Tennessee Psychiatric Association (TPA)
Annual Meeting
September 5 – 8, 2018
The Loews Vanderbilt Hotel, Nashville, TN

Forging the Future in Psychiatry From Practice Trends to Healthcare Delivery

PROGRAM AGENDA (revised 04/09/18)

Wednesday, September 5, 2018

6:00 p.m. - 7:00 p.m. Welcome Reception – *At Hotel*

Thursday, September 6, 2018

8:30 a.m. - 10:30 a.m. SPA Council Meeting

12:00 p.m. - 4:30 p.m. Registration

12:15 p.m. - 12:30 p.m.

Welcome

John Hendrick, MD
SPA President

Rodney Poling, MD
TPA President

Mary Helen Davis, MD
SPA Program Chair and Moderator

12:30 p.m. - 1:30 p.m.

E. Wesley Ely, MD, MPH

Grant W. Liddle Chair in Medicine
Professor of Medicine, Pulmonary and Critical Care
Associate Director of Aging Research, VA
Vanderbilt University Medical Center
VA-GRECC
Delirium and Acquired Dementia: A New Frontier in Critical Care

1:30 p.m. - 2:30 p.m.

Rif S. El-Mallakh, MD

Professor and Director, Mood Disorders Research Program
Department of Psychiatry and Behavioral Sciences,
University of Louisville School of Medicine
Trends in Future Psychopharmacology

2:30 p.m. - 3:00 p.m.

Program Break

- 3:00 p.m. - 4:00 p.m. **Michelle Cochran, MD**
 Medical Director
 Nashville Center for Hope and Healing and
 Neuroscience and TMS Treatment Center
TMS THERAPY: A unique and proven approach to treating depression
- 4:00 p.m. - 4:30 p.m. **RESIDENT AWARD**
- 12:00 p.m. to 5:00 p.m. Exhibitor Set up
- 6:00 p.m. – 7:30 p.m. Off-Site Reception

Friday, September 7, 2018

7:00 a.m. – 7:45 a.m. Registration & Check-In, Exhibit Visitations, Continental Breakfast

7:45 a.m. – 8:00 a.m. **Welcome**
 Rodney Poling, M.D.
 TPA President

John Hendrick, M.D.
 SPA President

Mary Helen Davis, M.D.
 SPA Program Chair and Moderator

8:00 a.m. - 9:00 a.m. **Brian Hepburn, MD**
 Executive Director,
 National Association of State Mental Health Program Directors
 (NASMHPD)
 Beyond Beds- The Importance of the Continuum of Care

9:00 a.m. – 10:00 a.m. **Harsh K. Trivedi, MD, MBA**
 President and CEO
 Sheppard Pratt Health System
 The Evolving Healthcare System and What it Means for our Field

10:00 a.m. to 10:30 a.m. Break and Exhibit Visitation

10:30 a.m. – 12:30 p.m. **Michael Baron, MD, MPH, DFASAM**
 Medical Director
 Tennessee Medical Foundation - Physician Health Program
Appropriate Prescribing in Tennessee (APT)

NOTE: This talk will satisfy the 2 hour CME requirement for Prescribing Practices in Tennessee

- 12:30 p.m. – 1:30 p.m. Lunch and Exhibit Visitation
- 1:30 p.m. – 3:00 p.m. APA Leadership Forum: Implications for the Practicing Psychiatrist
Altha J. Stewart, MD
Associate Professor/Chief of Social and Public Psychiatry
Director, Center for Health in Justice Involved Youth
University of Tennessee Health Science Center
American Psychiatric Association, President-Elect
American Psychiatric Association President (Effective May 2018)
Psychiatry in the 21st Century: Challenges and Opportunities
- Jenny Boyer, MD, PhD, JD**
Telemedicine Staff Psychiatrist
Veteran's Administration
Maintenance of Certification – Not Your Favorite!
- Phil Wang, MD, Dr. PH**
Deputy Medical Director and Director of Research
American Psychiatric Association
Update on APA Member-Focused Initiatives
- 3:00 p.m. – 3:30 p.m. SPA Annual Business Meeting
- Afternoon and Evening Open

Saturday, September 8, 2018

- 7:00 a.m. - 8:00 a.m. Continental Breakfast and Exhibit Visitation
- 8:00 a.m. – 9:00 a.m. **Steven Sharfstein, MD**
President Emeritus
Sheppard Pratt Health System
Clinical Professor of Psychiatry,
University of Maryland School of Medicine
What Trumps the Goldwater Rule: Psychiatrists in the Public Eye

- 9:00 a.m. – 10:00 a.m. **Moira A. Rynn, MD**
Consulting Professor and Chair
Department of Psychiatry and Behavioral Sciences
Duke University Medical Center
Child and Adolescent Anxiety Disorders: Advances in Treatment and Research
- 10:00 a.m. - 10:30 a.m. Break and Exhibit Visitation
- 10:30 a.m. – 12:00 p.m. **Clifton R. Tennison, Jr., MD, DLFAPA**
Psychiatric Consultant, University of Tennessee Sports Medicine
Mindfulness Meditation Educator and Trainer
Mindfulness Meditation for the Practicing Psychiatrist
- 12:00 p.m. – 12:30 p.m. TPA Annual Business Meeting
- 7:00 p.m. - 9:00 p.m. Farewell Dinner