

## Agenda

8:00AM-8:30AM

Continental Breakfast and Registration

8:30AM-9:30AM

*Women & Food*

Steven F. Crawford, M.D.

9:30AM-10:30AM

*Management of Mood Disorders  
During Pregnancy*

Jennifer L. Payne, M.D.

10:30AM-10:45AM

**BREAK**

10:45AM-11:45AM

*Substance Use Disorder & Recovery in Women*

Betsy F. Amey, LCSW-C

11:45AM-12:15PM

*Mood Disorders in Women*

Jennifer T. Palmer, M.D.

12:15PM-1:00PM

**LUNCH**

1:00PM-2:00PM

*Trauma and the Female Soldier*

Catherine Harrison-Restelli, M.D.

2:00PM-2:15PM

**BREAK**

2:15PM-3:15PM

*Trauma Disorders in Women:  
Separating Fact from Fiction*

Sharon Moore, M.D.

## Speakers

**Steven F Crawford, M.D.** - is the Co-Director of The Center for Eating Disorders at Sheppard Pratt. Throughout his entire career, his focus has been on providing the best care to patients with serious eating disorders. He serves on the faculty of University of Maryland School of Medicine and also serves as a lead investigator in federally funded research grants.

**Jennifer L. Payne, M.D.** - is the Director of the Women's Mood Disorders Center and serves as an Associate Professor of Psychiatry and Behavioral Sciences at Johns Hopkins Hospital. Her research interests include the genetics of depression and bipolar disorder; women and mood disorders; hormonal influences on mood and mood disorders and clinical trials of novel therapeutics in depression and bipolar disorder.

**Betsy Amey, LCSW-C** - is Clinical Coordinator of the Skillful Living Program at The Resource Group in Towson, is a graduate of Stanford University, holds a Master's Degree in Teaching from Johns Hopkins University and a Masters in Clinical Social Work from the University of Maryland. She specializes in Dialectical Behavior Therapy, Relapse Prevention, and Couples Therapy. At The Resource Group, she coordinates treatment services for trauma survivors and other clients with serious mood and anxiety problems.

**Jennifer T. Palmer, M.D.** - is a board-certified adult psychiatrist offering general psychiatric care to men and women in the greater Baltimore area. She specializes in mood disorders, including major depression and bipolar disorder, and is particularly interested in reproductive-related mood syndromes in women. She is a graduate of Wesleyan University and received her medical degree from Yale Medical School and her completed her psychiatry residency at Johns Hopkins.

**Catherine Harrison-Restelli, M.D.** - serves as Assistant Professor of Psychiatry at University of Maryland School of Medicine. She earned her M.D. at Weill-Cornell in 2004 and her residency in General Psychiatry at the University of Maryland-Sheppard Pratt Hospital where she served as Chief Resident of Outpatient Psychiatry for the University of Maryland clinics.

**Sharon Moore, M.D.** - graduated from Howard University College of Medicine and completed a residency in Adult Psychiatry at Montefiore Medical Center/Albert Einstein College of Medicine. She completed a forensic psychiatry fellowship in the Albert Einstein College of Medicine/Bronx Psychiatric Center Division of Psychiatry and the law. Before joining the staff of the Sheppard Pratt, Dr. Moore worked in a variety of settings including community mental health, forensics, and outpatient mental health for veterans.

## Registration

Name \_\_\_\_\_

MPS Member       Non-Member Psychiatrist

Psychologist       Social Worker

Nurse

Other \_\_\_\_\_

Address (Please print clearly.)  
\_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

E-Mail \_\_\_\_\_

Amount enclosed \$ \_\_\_\_\_

**Saturday, April 18, 2015**

**8:30 am - 3:15 pm**

The Conference Center at Sheppard Pratt

Registration is **\$125.00 for MPS Members**  
and **\$190.00 for Non-members.**

Registration fee includes breakfast, lunch,  
program material and  
**5.5 CME/CEU credits.**

If making your reservations after April 8, 2015 please call  
410.625.0232 for availability.

**Fees are non-refundable.**

**Please send check to:**

The Maryland Psychiatric Society  
1101 Saint Paul Street, Suite 305  
Baltimore, MD 21202

**REGISTER & PAY ONLINE:**

<http://womensmentalhealth.eventbrite.com>

*Please indicate if you have special dietary needs or  
require other special accommodations. Best efforts will be  
made to accommodate requests.*

The Maryland Psychiatric Society  
*presents*

## Women's Mental Health: Trauma, Mood Disorders & Resilience



**Saturday April 18, 2015**  
**8:30 am-3:15 pm**

**The Conference Center at  
Sheppard Pratt**

**5.50 CME/CEU Hours\***



The Maryland Psychiatric Society  
1101 Saint Paul Street  
Suite 305  
Baltimore, MD 21202

### \*Accreditation/Designation

The Maryland Psychiatric Society is accredited by MedChi, The Maryland State Medical Society, to sponsor continuing medical education for physicians. The Maryland Psychiatric Society designates this continuing medical educational activity for a maximum of 5.50 *AMA PRA Category 1 credits*™. Physicians should only claim credit commensurate with the extent of their participation in the activity. **(Psychologists may use this for CE credit)**

This activity is approved for a maximum of 5.50 hours of Category I Continuing Education for Social Workers by the Maryland Board of Social Workers.

### Goals & Objectives

At the conclusion of the program, the participant should be able to:

- Analyze sociocultural messages about food targeted to women and girls and the intersection of those messages with biology, body image and disordered eating.
- Identify the primary risks of the use of the major classes of psychiatric medications during pregnancy as well as the risks of not treating mood disorders during pregnancy.
- Comprehend societal impact of trauma disorders in women in the general population
- Discern symptoms that are targets of treatment in complex trauma disorders
- Increase knowledge of clinical management of women with mood disorders.
- Recognize differences in incidence of trauma and prevalence of PTSD between male and female military personnel deployed to conflict zones in Iraq or Afghanistan.
- Identify and describe distinctive medical issues, barriers to treatment, and treatment approaches for women suffering from substance use disorders.